

# Study-Ability Affects Affordability

## 10 Things Youth Should Do to Improve Your Academic Performance

1. **Re-Check Your Friend List/ Only Carry those who think like you!**
2. **Turn in Your Cell Phone at 9:00 p.m. Each Night During the Week**
3. **Turn in Your Cell Phone While Doing Your Homework**
4. **Limit Social Internet Use to a Half Hour Each Night**
5. **Control Your Motivation/Desires to be In Relationships With the Opposite Sex – There is Plenty of Time for That Later!**
6. **Don't Date – Interview/ Get to Know the Opposite Sex**
7. **Have Dinner with your family when they do have it**
8. **Go to SLEEP BY 10:15 p.m. – Quiet at 9:00**
9. **Leave MySpace – It takes too much time; Get on FACEBOOK**
10. **Let friends see you're too busy sometimes!**